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# CHIROPRACTIC PHYSICIAN'S BOARD OF NEVADA

 4600 Kietzke Lane, M-245
 Reno, Nevada 89502-5000

 Phone: (775) 688-1921
 Fax: (775) 688-1920

 Website: <a href="http://chirobd.nv.gov">http://chirobd.nv.gov</a>

# CHIROPRACTOR'S ASSISTANT (CA) TRAINING GUIDELINES

#### **Basic Chiropractic Knowledge**

- Chiropractic techniques
- Chiropractic adjustments (definition, indictions, adverse effects, etc.)
- Scope of practice

#### Patient care/office procedures

- Health care provider/patient relationship and ethical boundaries
- Patient privacy/confidentiality (HIPPA)
- Record keeping
- Special considerations for specific patient populations
- Patient positioning considerations/draping
- Emergency/disaster procedures
- Basic first (certification recommended; available through Red Cross or Chiropractic Therapy Assistant Program)
- Hygiene

#### **Clinical examination**

- Health history
- Vital sign examination
- Physical examination

### Basic clinical science knowledge

- Anatomy
- Physiology
- Kinesiology
- Terminology (chiropractic/medical)

**Chiropractic modalities** (physiologic effects, indications, contraindications/red flags, special precautions, dosage, treatment time, patient positions, safe application, and treatment termination procedures)

- Ice/cryotherapy
- Heat/hydrocollator
- Contrast therapy/baths
- Diathermy
- Microcurrent
- Ultrasound
- Electrotherapy/EMS
- US/EMS combination therapy
- Therapeutic lasers (Class I-IV)
- Traction
- Therapeutic and home exercises

## Nevada chiropractic physician and chiropractor's assistant laws

- Nevada Revised Statutes (NRS) 634
- Nevada Administrative Code (NAC) 634
- Nevada Revised Statutes (NRS) 629

X-ray (basic principles/terminology, contraindications, patient

preparation/positioning/instructions, film size/markings, factors, central ray and FFD series)

- Recommended reference: Chiropractic Radiologic Technology Study Guide, American Chiropractic Registry of Radiologic Technologists (ACRRT)
- To order the reference book visit: <u>www.acrrt.com</u>

Note: It is the Chiropractor's Assistant in-training and the supervising Chiropractic Physician's responsibility that the Chiropractor's Assistant in-training study and learn each of the above topics in detail.

**Supplementary Reference for Chiropractic Assistants:** 

"Chiropractic Therapy Assistant – A Clinical Resource Guide"

Bookstore https://ctaprogram.com